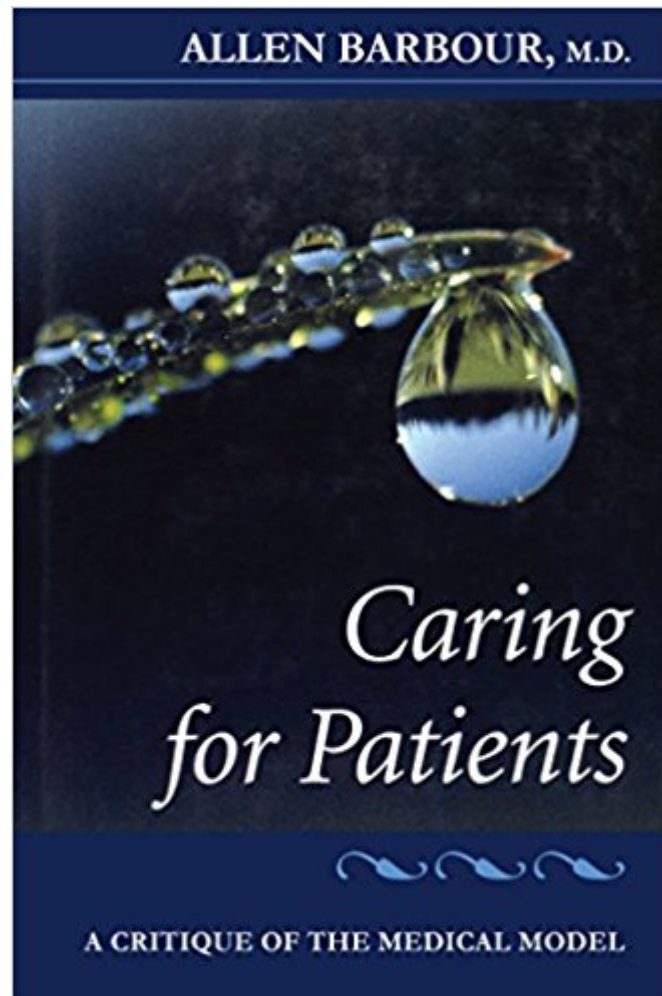




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# Caring For Patients: A Critique Of The Medical Model



## Synopsis

"See your patient as a person, not a disease." This is the essential message of an experienced and compassionate physician who questions the prevailing medical model of patient care - that every illness has a physical cause that can be identified and treated medically - and who argues for the necessity of taking the psychological and social circumstances of the patient into account in the process of diagnosis and treatment.

## Book Information

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"The late Allen Barbour, a master clinician-educator . . . has distilled 40 years of experience into a book that is both practical and scholarly. . . . A book to be read cover to cover by health care providers of all types, in training as well as midway through their careers. Were he alive today, Osler would be pleased to write the preface." (Annals of Internal Medicine)"Extremely thoughtful and well researched, this book offers practical approaches to typically difficult patient problems. . . . I highly recommend this book to anyone teaching or practicing primary careâ•physicians, nurse practitioners, physician assistants, and behavioral scientists." (Family Medicine)"A legacy of Barbour's 40-year career in teaching, scholarship, and patient care, Caring for Patients is an excellent read. The writing is crisp and lucid. . . . A gem of a book." (New England Journal of Medicine)"A book to be read cover to cover by health care providers of all types, in training as well as midway through their careers. Were he alive today, Osler would be pleased to write the preface." (Annals of Internal Medicine)"The author is to be congratulated for assembling a most readable,

concise, yet scholarly review of the importance of using a biopsychosocial approach in conceptualizing and treating mental illness." (American Journal of Psychiatry)

• The late Allen Barbour, a master clinician-educator . . . has distilled 40 years of experience into a book that is both practical and scholarly. . . . A book to be read cover to cover by health care providers of all types, in training as well as midway through their careers. Were he alive today, Osler would be pleased to write the preface. • "Annals of Internal Medicine" • A legacy of Barbour's 40-year career in teaching, scholarship, and patient care, *Caring for Patients* is an excellent read. The writing is crisp and lucid. . . . A gem of a book. • "New England Journal of Medicine

Primary care practitioners who wish to be better at understanding their patients' emotional engines and how these interact with physical complaints will love this book. The late Dr Barbour worked as a consulting internist at Stanford Medical Center. Sometimes the solution to his patient's problem lay in a medical diagnosis no one else had considered, or it might lie in an emotional granny-knot undiscovered or unresolved. This book discusses the latter. Dr Barbour details the clues people give, the phrases that open up their thoughts, and the techniques he uses in various defined situations. The man clearly has a subtle and deep understanding of human psychology, but his book reads more like a mechanic's manual. For this I thank him profusely, because while primary care requires an understanding of physiology, psychiatry, all kinds of theories, etc, our patients benefit only from our actions. This book cries out to have its methods put into practice, and is written to make that possible. If I ever have to cull my medical library, this will be one of the last to go.

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